



2016

Deinze - Bellem 11/11 (7 + 21 km)
Winterjogging Deinze 13/12 (9 + 13 km)
Tielt Kerstorrida 26/12 (5 + 10 km)
Kortemark 28/02 (5 + 10 + 20 km)
Brigandsloop Ingelmunster. 26/03 (6 + 12km)
Rollegem-Kapelle 09/04 (5 + 13km)
Oostozebeke Ginste 16/04 (6 + 10km)
Aalter 13/05 (8 + 16 km)
Torhout de nacht 17/06 (10 + 21 + 42 km)
Egem Saladeloop 25/06 (10 km)
Tielt Waterwylloop 10/07 (5 + 10 km)
Koksijde Strandloop 20/07 (5 + 10 km)
Ardoole Tassche 05/08 (10km)
Heule Wembleyloop 15/08 (5 + 10 km)
Wingene 20/08 (11 km)
Koolskamp 03/09 (4 + 10 km)
Flanders Fields Nieuwpoort-leper 11/09 (42 km)
leper stadslloop 11/09 (7 + 14 km)
Meulebeke Dynamicarun 17/09 (10 + 21 km)
Beernem Berentloop 25/09 (10 km)
Totaal
Plaats

SENIOREN DAMES

Vanneste Charline	x	x	37	x	40	36	37	x	40	37	40	x	x	x	40	40	x	40	x	x	387	1	
Spriet Elke	34	28	28	29	36	x	28	x	x	28	27	x	30	x	27	x	x	x	x	x	x	295	2
Nobus Melissa	x	x	30	x	x	x	x	37	x	x	29	x	x	34	29	29	x	x	37	30		255	3
Franssen Whoopy	x	29	26	x	x	x	29	x	x	29	28	x	29	x	28	x	x	x	35	x		233	4
Berthier Jolien	30	x	x	x	29	x	26	x	x	x	26	30	x	x	x	29	x	x	29	x		199	5

MASTERS DAMES

Van Hulle Katrijn	35	40	2	2	40	x	x	x	2	30	x	30	x	34	30	40	x	37	35	x	357	1	
Denolf Sabine	35	x	2	35	30	2	30	x	2	2	29	30	30	29	x	30	x	x	33	x		319	2
Vermeersch Linda	30	30	2	30	2	30	2	30	x	2	2	29	28	29	2	29	x	x	29	x		306	3
Coene Annick	x	30	29	x	30	29	30	29	28	x	29	x	x	x	x	x	x	x	x	x		234	4
Delodder Rita	x	x	29	x	x	30	x	x	x	x	30	30	x	30	29	x	x	x	34	x		212	5

SENIOREN HEREN

Soenens Tim	39	40	25	35	40	x	40	x	x	37	37	x	36	x	37	x	x	x	x	x		366	1
Eggerick Alexander	x	36	2	34	29	30	33	x	30	2	29	x	28	35	29	x	x	x	x	x		317	2
Vervaeke Olivier	x	x	x	x	x	x	x	x	x	x	24	x	x	28	28	21	x	25	30	30		186	3

MASTERS HEREN

Royaert Geert	35	30	2	35	x	x	30	30	33	2	2	30	x	x	2	2	35	x	33	30		331	1
Guillemy Bart	34	2	2	34	2	x	2	29	33	2	2	2	29	29	2	28	34	x	32	29		327	2
Deleersnijder Patrick	32	29	2	33	29	29	2	2	35	2	2	29	30	2	2	2	33	x	31	x		326	3
Van Bruwaene Rudi	31	2	26	31	26	x	x	2	x	2	25	x	28	27	25	2	30	x	30	x		287	4
Vackier Pol	2	27	2	26	2	28	2	x	28	2	2	26	26	25	2	2	29	x	27	27		285	5
Lannoo Dirk	25	x	29	x	30	30	29	x	x	28	28	x	x	x	28	27	x	x	29	x		283	6
Verschaeve Bart	33	x	x	28	28	x	x	27	31	25	x	x	x	x	23	27	32	x	28	x		282	7
Devlaminck Luk	x	26	25	32	25	x	26	25	32	x	2	x	2	x	24	2	31	x	x	28		280	8
Lievrouw Geert	30	2	2	24	2	x	24	x	30	2	23	27	25	26	x	2	27	x	29	x		275	9
Moyaert Johan	27	23	22	25	2	x	2	23	29	20	22	x	x	x	2	2	x	x	27	26		252	10
Deroo Jeroen	29	25	20	30	x	27	23	24	32	x	x	x	x	x	x	x	28	x	x	x		238	11
Maes Luc	25	x	2	x	2	x	19	22	31	19	2	x	23	x	20	19	26	x	26	x		236	12
Lefevre Rik	28	x	19	27	22	x	22	x	x	x	20	x	x	x	19	20	x	x	28	25		230	13
Reyniers Bart	23	x	17	x	18	x	20	25	x	x	19	25	x	x	x	18	x	x	24	x		189	14
Kint Edwin	21	x	15	x	x	x	18	24	x	x	x	25	22	x	x	15	x	x	25	x		165	15