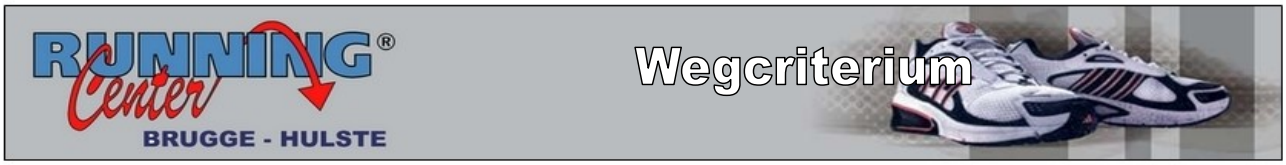

2019	Deinze - Bellem 11/11(7 + 21 km)	Winterjogging Deinze 16/12(**9 + 13 km)**	Tielt Kerstcorrida 26/12 (5 + 10 km D)- Heren 10km	Aalter bostrail 19/01 (**10km + 24 km+ 43km)**	Deinze Brielmeersen 10/02 (**9 en 13 km D+H)**	Brig. Ingelmunster. 30/03 (6+12km **D/ 12 km H)**	Rollegem-Kapelle 13/04 (5/13 dames en 13km heren)	Oostrozebeke Ginste20/04 (6+10km dames) **10km H**	Aalter 10/05 (8 +16 km)	Torhout de nacht 21/06 (10/21/42 D/H)	Egem Saladeloop 29/06 (10 km)	Tielt Watewyloop 14/07 (5-10 km dames)-(10km her	Koksijde Strandloop 17/07 (5+10 km dames) **10km**	Ardooie Tassche 02/08 (10km D+H)	Wingene 17/08 (11 km D+H)	Koolskamp 07/09 (4 + 10 km) **10 km H**	Lichtervelde 15/09 (5+10 Dames)/ 10km Heren	Beernem Berenloop 22/09 (10km)	Aartrijke 29/09 (9km D+H)		**Totaal**	**Plaats**
SENIOREN DAMES																						
Berthier Jolien	30	x	26	30	30	x	x	x	x	x	x											**116**	
Devoldere Kjelsey	x	x	27	x	x	x	x	x	x	x	x											**27**	
Slos Lieze	x	x	30	x	x	x	x	x	x	x	x											**30**	
Stevens Nona	x	x	28	x	x	x	x	x	x	x	x											**28**	
Van Luchene Hanna	x	x	29	x	x	x	x	x	x	x	x											**29**	
Spriet Elke	40	30	30	36	36	30	x	34	x	x	30											**266**	
MASTERS DAMES																						
De Brabandere Hilde	x	27	27	30	30	29	x	27	x	x	x											**170**	
Defoort Saartje	x	x	28	x	x	x	x	x	x	x	x											**28**	
Delodder Rita	x	x	x	x	x	x	x	x	x	x	x											**0**	
Denolf Sabine	x	26	x	x	28	26	28	x	x	30	x											**138**	
Depypere Petra	36	36	29	x	30	27	x	28	29	27	28											**270**	
Deseyn Carline	x	x	x	x	x	28	29	x	x	28	x											**85**	
Detiege Monique	x	x	x	28	x	x	x	x	x	x	x											**28**	
Geerolf Christa	x	30	28	x	x	27	x	x	x	x	x											**85**	
Haspeslagh Charlotte	x	x	x	29	x	x	x	x	x	x	x											**29**	
Iterbeke Evelyn	x	28	26	x	29	x	x	x	x	x	27											**110**	
Lammertyn Nancy	x	x	25	x	x	x	x	x	x	x	x											**25**	
Luyssens Astrid	x	x	24	x	x	x	x	x	x	x	x											**24**	
Nobus Melissa	x	x	30	x	x	36	x	36	40	x	36											**178**	
Taguema Nabila	x	25	23	x	29	28	x	x	x	x	x											**105**	
Vanhoutte Katrien	x	x	22	27	x	25	x	x	x	x	x											**74**	
Van Hulle Katrijn	x	40	29	x	x	40	x	40	30	29	x											**208**	
Vermout Sabrina	x	x	27	x	x	x	x	x	x	x	x											**27**	
Vanneste Charline	x	x	37	x	x	40	30	40	x	40	40											**227**	
SENIOREN HEREN																						
Bouckhuyt Andy	x	x	x	x	x	x	x	28	x	x	x											**28**	
Cottyn Jannes	x	x	x	x	x	x	x	x	x	30	x											**30**	
Deschrijver Maarten	x	x	x	30	x	x	x	x	x	x	x											**30**	
D'hoore Simon	x	x	29	x	x	x	x	x	x	x	x											**29**	
Fincioen Stijn	x	x	x	x	x	x	x	x	x	x	x											**0**	
Marien Toon	x	x	28	x	x	x	x	x	x	x	x											**28**	
Petralia Jan	x	x	x	x	x	x	x	x	x	x	x											**0**	
Soenens Tim	40	x	30	x	x	x	x	36	x	x	30											**136**	
Van Slambrouck Tom	x	x	x	x	x	x	x	x	x	x	x											**0**	
Verhelst Jens-Magnus	x	x	27	x	x	30	x	29	x	x	29											**115**	

2019

	Deinze - Bellem 11/11(7 + 21 km)	Winterjogging Deinze 16/12(**9 + 13 km)**	Tielt Kerstcorrida 26/12 (5 + 10 km D)- Heren 10km	Aalter bostrail 19/01 (**10km + 24 km+ 43km)**	Deinze Brielmeersen 10/02 (**9 en 13 km D+H)**	Brig. Ingelmunster. 30/03 (6+12km **D/ 12 km H)**	Rollegem-Kapelle 13/04 (5/13 dames en 13km heren)	Oostrozebeke Ginste20/04 (6+10km dames) **10km H**	Aalter 10/05 (8 +16 km)	Torhout de nacht 21/06 (10/21/42 D/H)	Egem Saladeloop 29/06 (10 km)	Tielt Watewyloop 14/07 (5-10 km dames)-(10km her	Koksijde Strandloop 17/07 (5+10 km dames) **10km**	Ardooie Tassche 02/08 (10km D+H)	Wingene 17/08 (11 km D+H)	Koolskamp 07/09 (4 + 10 km) **10 km H**	Lichtervelde 15/09 (5+10 Dames)/ 10km Heren	Beernem Berenloop 22/09 (10km)	Aartrijke 29/09 (9km D+H)		**Totaal**	**Plaats**
MASTERS HEREN																						
Declerck Misha	x	x	x	x	x	x	34	x	x	34	x										**68**	
Bultinck Jimmy	x	x	x	x	x	x	x	x	x	30	x										**30**	
Dedecker Tom	30	20	22	29	x	23	26	x	x	20	25										**195**	
Defour David	x	x	x	x	x	x	x	x	x	26	x										**26**	
Deleersnijder Patrick	x	29	25	29	30	24	x	x	x	x	x										**137**	
Deroo Jeroen	x	23	18	30	x	x	x	x	25	x	x										**96**	
Devlaminck Luk	x	21	19	x	27	x	x	x	26	22	x										**115**	
Godderis Bart	x	x	30	x	x	x	25	x	x	29	30										**114**	
Guillemyn Bart	30	26	27	29	29	28	x	28	30	30	28										**285**	
Kint Edwin	26	19	12	27	24	x	x	20	21	x	x										**149**	
Lannoo Dirk	x	x	28	x	x	29	28	29	x	x	29										**143**	
Lefevre Rik	29	x	17	x	x	20	x	25	x	x	x										**91**	
Lefranc Patrice	28	25	23	28	28	26	x	27	29	25	26										**265**	
Lievrouw Geert	x	24	21	28	26	22	27	26	27	24	23										**248**	
Maes Luc	27	x	15	28	x	18	x	22	22	x	20										**152**	
Moyaert Johan	28	30	16	27	25	19	24	23	23	21	x										**236**	
Naert Filip	x	29	13	26	29	17	23	21	29	x	21										**208**	
Reyniers Bart	24	x	14	x	26	x	x	24	x	x	x										**88**	
Royaert Geert	x	x	x	x	x	x	x	x	x	27	x										**27**	
Sissau Erwin	x	27	x	x	27	x	x	x	x	x	x										**54**	
Vackier Pol	29	27	24	30	x	27	x	x	28	23	x										**188**	
Van Daele Jurgen	x	28	29	30	40	30	29	30	30	28	24										**298**	
Van Bruwaene Rudi	25	28	10	25	28	21	x	19	x	x	22										**178**	
Vande Walle Dirk	x	18	11	x	23	x	x	x	x	x	x										**52**	
Verhaege Ronny	x	x	x	x	x	x	x	x	x	x	x										**0**	
Verkaemer Bart	x	x	x	x	x	x	x	x	x	x	x										**0**	
Vervaecke Olivier	x	22	20	x	x	25	x	x	x	x	x										**67**	
Verschaeve Bart	x	30	26	x	x	x	x	x	24	19	27										**126**	