



2019

	Deinze - Bellem 11/11 ( 7 + 21 km )	Winterjogging Deinze 16/12 ( 9 + 13 km )	Tielt Kerstorrida 26/12 ( 5 + 10 km D )- Heren 10km	Aalter bostrail 19/01 ( 10km + 24 km+ 43km )	Deinze Briemeersen 10/02 ( 9 en 13 km D+H )	Brig. Ingelmuuster. 30/03 ( 6+12km D/ 12 km H )	Rollegem-Kapelle 13/04 ( 5/13 dames en 13km heren )	Oostrozbeke Ginste20/04 ( 6+10km dames ) 10km H	Aalter 10/05 ( 8 +16 km )	Torhout de nacht 21/06 ( 10/21/42 D/H )	Egem Saladeloop 29/06 ( 10 km )	Tielt loopt 14/07 ( 5- 10 km dames )-( 10km heren )	Koksijde Strandloop 17/07 ( 5+10 km dames ) 10km	Ardoote Tassche 02/08 ( 10km D+H )	Wingene 17/08 ( 11 km D+H )	Koolskamp 07/09 ( 4 + 10 km ) 10 km H	Lichtenvelde 15/09 ( 5+10 Dames )/ 10km Heren	Beernem Berenloop 22/09 ( 10km )	Aartrijke 29/09 ( 9km D+H )	Totaal	Plaats	
<b>SENIOREN DAMES</b>																						
Berthier Jolien	30	x	26	30	30	x	x	x	x	x	x	x	30	x	x						146	
Devoldere Kjelsey	x	x	27	x	x	x	x	x	x	x	x	x	x	x	x						27	
Slos Lieze	x	x	30	x	x	x	x	x	x	x	x	x	x	x	x						30	
Stevens Nona	x	x	28	x	x	x	x	x	x	x	x	x	x	x	x						28	
Van Luchene Hanna	x	x	29	x	x	x	x	x	x	x	x	x	x	x	x						29	
Spriet Elke	40	30	30	36	36	30	x	34	x	x	30	30	x	x	30						326	
<b>MASTERS DAMES</b>																						
De Brabandere Hilde	x	27	27	30	30	29	x	27	x	x	x	26	30	x	26						252	
Defoort Saartje	x	x	28	x	x	x	x	x	x	x	x	x	x	x							28	
Denolf Sabine	x	26	x	x	28	26	28	x	x	30	x	x	x	x							138	
Depyepere Petra	36	36	29	x	30	27	x	28	29	27	28	27	x	30	27						354	
Deseyn Carline	x	x	x	x	x	28	29	x	x	28	x	34	x	x	28						147	
Detiege Monique	x	x	x	28	x	x	x	x	x	x	x	x	x	x	x						28	
Geerolf Christa	x	30	28	x	x	27	x	x	x	x	x	x	x	x	x						85	
Haspesslagh Charlotte	x	x	x	29	x	x	x	x	x	x	x	x	x	x	x						29	
Iterbeke Evelyn	x	28	26	x	29	x	x	x	x	x	27	x	29	x	x						139	
Lammertyn Nancy	x	x	25	x	x	x	x	x	x	x	x	x	x	x	x						25	
Luyssens Astrid	x	x	24	x	x	x	x	x	x	x	x	x	x	x	x						24	
Nobus Melissa	x	x	30	x	x	36	x	36	40	x	36	36	x	x	36						250	
Taguema Nabila	x	25	23	x	29	28	x	x	x	x	x	25	x	29	25						184	
Vanhoutte Katrien	x	x	22	27	x	25	x	x	x	x	x	x	x	x	x						74	
Van Hulle Katrijn	x	40	29	x	x	40	x	40	30	29	x	40	40	x	x						288	
Vermout Sabrina	x	x	27	x	x	x	x	x	x	x	x	x	x	x	x						27	
Vanneste Charline	x	x	37	x	x	40	30	40	x	40	40	40	x	x	40						307	
<b>SENIOREN HEREN</b>																						
Bouckhuylt Andy	x	x	x	x	x	x	x	28	x	x	x	x	x	x	30						58	
Cottyn Jannes	x	x	x	x	x	x	x	x	x	30	x	x	x	x	x						30	
Deschrijver Maarten	x	x	x	30	x	x	x	x	x	x	x	x	x	x	x						30	
D'hoore Simon	x	x	29	x	x	x	x	x	x	x	x	x	x	x	x						29	
Marien Toon	x	x	28	x	x	x	x	x	x	x	x	x	x	x	x						28	
Soenens Tim	40	x	30	x	x	x	x	36	x	x	30	36	x	x	36						208	
Verhelst Jens-Magnus	x	x	27	x	x	30	x	29	x	x	29	29	x	x	x						144	

